



Remínder Wínt<del>e</del>r Break ís comíng u<u>p</u> February 14 - 21





Kindergarten pre-registration has begun for the 2020-2021 school year. Please go to the DCS website (dcs.rsu5.org) to pre-register your child for kindergarten. Children must be 5 years old on or before October 15.



DURHAM COMMUNITY SCHOOL

## Middle School Dance

Friday, February 7th 6 to 8:30pm

Cost: \$5.00

FLOWER GRAMS WILL BE AVAILABLE TO ORDER! THIS WILL BE YOUR LAST CHANCE TO ORDER FLOWER GRAMS FOR VALENTINE'S DAY. THE COST IS \$3.00 PER FLOWER.

# Pre-K Registration

## **Pre-Kindergarten Registration**

We are currently registering students for the 2020-21 school year. Please go to our homepage to pre-register your child for Pre-K.

The Durham Community School Pre-K program is designed to prepare students with the basic skills needed to be successful in Kindergarten. To be eligible for this program, children must be four years old on or before October 15th and reside in Durham.

The Pre-K program is a partial week, full day program that follows the RSU #5 school calendar. The program operates in two sessions, a Monday, Wednesday, and a Tuesday, Thursday session. After screening incoming students, those who would benefit most from additional learning opportunities will be invited to attend a Friday session as well. The program will only accommodate 32 total students in the two sessions. If there are more than 32 children registered, priority will be given to those with an academic or developmental need, and the remaining places will be determined by lottery.

## Middle School Basketball

#### RESCHEDULED DATE **Sports Awards Night** February 25

6:30pm

#### Upcoming Meetings with Superintendent Foley and Assistant Superintendent Alexander

A reminder for those interested parents and community members, Superintendent Foley and Assistant Superintendent Alexander will be "hanging out" at three upcoming events. This is just a time to stop by and chat about whatever topics are of interest to you regarding our schools!

Dates/times are below!

Mugs & Muffins: February 27 at PES from 9:00-10:00 Dessert & Discussion: March 10 at FHS from 6:00-7:00 p.m. Afternoon Tea: April 9 at DCS from 3:30-4:30





### THE MATH CORNER

Welcome to the math corner. Each week we will have different math games for students to play to help expand their math skills.

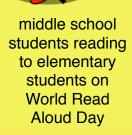
#### License Plate Addition or Multiplication Game

While traveling in a car, each person find a license plate and write down the numbers they see. Make sure each person finds a different plate. Have each person either add the numbers or multiply the numbers to get the sum or product. The person with the largest answers gets a point. The first person with 10 points wins.



### Middle School Math Meet February 25 4:00pm at DCS

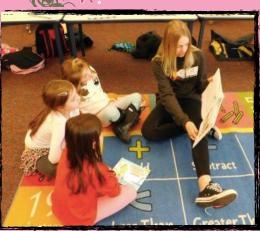






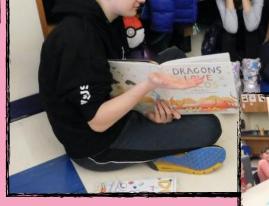




















DCS Drama Club Presents the FIRST ever 4th and 5th grade performance :



# Monday February 10th 6:30 Tuesday February 11th 6:30





#### SEASONAL ILLNESS PARENT NEWSLETTER – Message from the School Nurse

Over the past few weeks, we have seen flu-like illness, along with cases of other respiratory illness, pneumonia, strep, gastrointestinal illness, etc.

The attached information poster, Is it a COLD or the FLU?, from DHHS-Me CDC, may be helpful to answer your questions and reduce the risk of spreading the flu. It is not too late to get a Flu vaccine. If you suspect your child has symptoms of the flu, contact your physician for possible early treatment.

The School Nurse is responsible for tracking and reporting certain communicable diseases and absentee rates to the Maine CDC. The following actions will help us manage student and staff illness throughout the school year:

Whenever your child is out sick

CALL the school and REPORT the specific symptoms: • Respiratory (cough, sore throat)

- Gastrointestinal (stomach ache, vomiting, diarrhea)
- Skin Rashes (blotchy, itchy, blisters, hives, etc) .

 Other (headache, fever, red runny or crusty eyes, etc)
<u>OR</u> report the actual PHYSICIAN's DIAGNOSIS, such as Strep, Conjunctivitis, Impetigo, Mono, Pertussis, Pneumonia, Influenza, etc; do not report that your child has the 'FLU' unless a physician has made this diagnosis

#### KEEP YOUR CHILD HOME until:

- fever-free for 24 hours (Temp <100 without fever reducing medication) acute symptoms have subsided for 24 hours (disruptive / persistent cough, vomiting, diarrhea, etc)
- able to participate in a school workday

**PREVENTION ROUTINE:** Daily prevention habits can reduce the spread of germs that cause many different illnesses

- COVER A COUGH & SNEEZE with a tissue or by coughing into your sleeve / elbow instead of your into hands
- Throw away tissues promptly HANDWASHING...HANDWASHING...HANDWASHING! Use soap & .
- water for 15-20 seconds and dry with a paper towel to throw away. Do not share personal items
- Avoid touching your eyes, nose, and mouth which will spread germs

THANK YOU for your cooperation. If you have further questions PLEASE contact the School Nurse, Kim Gormely, RN, BSN, 353-9333.

# Is it a Cold or the Flu?

Symptoms	Cold	Flu
Fever	Rare in adults and older children, but can be as high as 102° F in infants and small children	Usually 102° F, but can go up to 104° F and usually lasts 3 to 4 days
Headache	Rare	Sudden onset and can be severe
Muscle Aches	Mild	Usual, and often severe
Tiredness and Weakness	Mild	Often extreme, and can last two or more weeks
Extreme Exhaustion	Never	Sudden onset and can be severe
Runny Nose	Often	Sometimes
Sneezing	Often	Sometimes
Sore Throat	Often	Sometimes
Cough	Mild hacking cough	Usual, and can become severe



Department of Health and Human Services Maine Center for Disease Control and Prevention www.mainepublichealth.gov

# ATTENTION STH GRADE PARENTS:



#### **Attention 8th Grade Parents:**

The Yearbook staff is collecting parent messages to be included in this year's book. This is optional and if you decide to include a message for your 8th grade student, the cost is \$5.00. The deadline is March 30th and you can send your message and payment (checks can be made out to Durham Community School or DCS) into the office. Thank You

## Reminder:

Middle School Yearbooks are on sale. Order forms are in the main office or you can purchase online at ybpay.lifetouch.com Yearbook ID Code: 12339820